



1. Erfurter Flughafenlauf
Erfurt / 14.09.2014

Detailed evaluation

Damm, Alexandra

Club: TSV Alperstedt e. V.
Number: 111

Course: 2.50 km
Kurze Strecke

Category:
weibliche Jugend U16 (14-15 Jahre)

Total time: 12:32

Speed: 11.97 km/h
Running performance: 5:01 min/km

Rank in course/Total: 24 (of 30)
Rank in course/Women: 9 (of 13)
Best time in course: 8:52

Rank in category: 5(of 5)
Best time in the category: 8:52