



1. Erfurter Flughafenlauf  
Erfurt / 14.09.2014

Detailed evaluation

Adams, Victor

Club: Erfurt  
Number: 109

Course: 2.50 km  
Kurze Strecke

Category:  
männliche Jugend U14 (12-13 Jahre)

Total time: 12:14

Speed: 9.81 km/h  
Running performance: 4:53 min/km

Rank in course/Total: 20 (of 30)

Rank in course/Men: 13 (of 17)

Best time in course: 7:58

Rank in category: 4(of 5)

Best time in the category: 8:43