



1. Erfurter Flughafenlauf

Erfurt / 14.09.2014

Detailed evaluation

Schade, Robin

Club: SV Sömmerda

Number: 357

Course: 10.00 km

Lange Strecke

Category:

Männer (20-29 Jahre)

Total time: 35:51

Speed: 16.74 km/h

Running performance: 3:35 min/km

Rank in course/Total: 3 (of 109)

Rank in course/Men: 3 (of 89)

Best time in course: 32:30

Rank in category: 1(of 17)

Best time in the category: 35:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.50	8:26	3:22	1	-	3	0:25	2.50	8:26	3:22	12	-	83	-
Runde	2.50	8:55	3:33	1	-	4	0:41	5.00	17:21	3:28	12	-	83	-
Runde	2.50	9:11	3:40	1	-	3	0:48	7.50	26:32	3:32	7	-	80	-
Finish	2.50	9:19	3:43	1	-	4	1:27	10.00	35:51	3:35	1	-	3	3:21