



1. Erfurter Flughafenlauf

Erfurt / 14.09.2014

Detailed evaluation

Scholz, Dennis

Club: Erfurt
Number: 363

Course: 10.00 km
Lange Strecke

Category:
Senioren M35 (35-39 Jahre)

Total time: 44:42

Speed: 13.42 km/h
Running performance: 4:28 min/km

Rank in course/Total: 32 (of 109)

Rank in course/Men: 31 (of 89)

Best time in course: 32:30

Rank in category: 5(of 10)

Best time in the category: 40:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.50	10:31	4:12	5	0:33	29	2:30	2.50	10:31	4:12	4	0:25	74		
Runde	2.50	11:07	4:26	5	0:59	29	2:53	5.00	21:38	4:19	4	1:24	81		
Runde	2.50	11:30	4:35	5	1:08	36	3:07	7.50	33:08	4:25	4	2:32	78		
Finish	2.50	11:34	4:37	7	1:34	49	3:42	10.00	44:42	4:28	5	4:04	31	12:12	