



1. Erfurter Flughafenlauf

Erfurt / 14.09.2014

Detailed evaluation

Bachmann, Nico

Club: thermowave

Number: 304

Course: 10.00 km

Lange Strecke

Category:

Männer (20-29 Jahre)

Total time: 44:52

Speed: 13.37 km/h

Running performance: 4:29 min/km

Rank in course/Total: 34 (of 109)

Rank in course/Men: 33 (of 89)

Best time in course: 32:30

Rank in category: 9(of 17)

Best time in the category: 35:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.50	10:19	4:07	5	1:53	23	2:18	2.50	10:19	4:07	1	-	80		
Runde	2.50	11:17	4:30	8	2:22	33	3:03	5.00	21:36	4:19	1	-	80		
Runde	2.50	11:47	4:42	11	2:36	43	3:24	7.50	33:23	4:27	9	3:48	66		
Finish	2.50	11:29	4:35	10	2:10	46	3:37	10.00	44:52	4:29	9	9:01	33	12:22	