



1. Erfurter Flughafenlauf

Erfurt / 14.09.2014

Detailed evaluation

Sickel, Olaf

Total time: 42:33

Number: 430

Speed: 14.10 km/h

Running performance: 4:16 min/km

Course: 10.00 km

Rank in course/Total: 21 (of 109)

Lange Strecke

Rank in course/Men: 21 (of 89)

Best time in course: 32:30

Category:

Rank in category: 1(of 17)

Senioren M50 (50-54 Jahre)

Best time in the category: 42:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.50	10:44	4:17	4	0:35	37	2:43	2.50	10:44	4:17	13	-	-	31	-
Runde	2.50	10:40	4:15	1	-	22	2:26	5.00	21:24	4:16	13	-	-	78	-
Runde	2.50	10:43	4:17	1	-	19	2:20	7.50	32:07	4:16	13	-	-	75	-
Finish	2.50	10:26	4:10	1	-	17	2:34	10.00	42:33	4:15	1	-	-	21	10:03