



Nordhäuser Citylauf
Nordhausen / 21.09.2014

Detailed evaluation

Steinbrecher, Lena Sophie

Club: Plasma Service Europe GmbH
Number: 90

Course: 1.10 km
Jedermannlauf

Category:
weibliche Kinder U12 (10 und 11 Jahre)

Total time: 5:03

Speed: 13.07 km/h

Running performance: 4:35 min/km

Rank in course/Total: 11 (of 108)

Rank in course/Women: 4 (of 50)

Best time in course: 4:46

Rank in category: 4(of 8)

Best time in the category: 4:46