



Nordhäuser Citylauf  
Nordhausen / 21.09.2014

## Detailed evaluation

**Biedermann, Thomas**

Club: HSG Nordhausen  
Number: 153

Course: 3.30 km  
1 Runde 3,3 km

Category:  
Senioren M45

Total time: 13:06

Speed: 13.74 km/h  
Running performance: 3:58 min/km

Rank in course/Total: 3 (of 97)

Rank in course/Men: 3 (of 57)

Best time in course: 12:25

Rank in category: 1(of 4)

Best time in the category: 13:06