



Nordhäuser Citylauf
Nordhausen / 21.09.2014

Detailed evaluation

Rauhe, Marco

Club: Rewe Bleicherode
Number: 263

Course: 3.30 km
1 Runde 3,3 km

Category:
Senioren M35

Total time: 15:54

Speed: 11.32 km/h
Running performance: 4:49 min/km

Rank in course/Total: 16 (of 97)

Rank in course/Men: 15 (of 57)

Best time in course: 12:25

Rank in category: 1(of 6)

Best time in the category: 15:54