



Nordhäuser Citylauf
Nordhausen / 21.09.2014

Detailed evaluation

Heiser, Leander

Club: FSG 99 Salza
Number: 244

Course: 3.30 km
1 Runde 3,3 km

Category:
männliche Kinder U12 (10 und 11 Jahre)

Total time: 16:17

Speed: 11.05 km/h
Running performance: 4:56 min/km

Rank in course/Total: 20 (of 97)

Rank in course/Men: 18 (of 57)

Best time in course: 12:25

Rank in category: 1(of 13)

Best time in the category: 16:17