



Nordhäuser Citylauf
Nordhausen / 21.09.2014

Detailed evaluation

Rausch, Georg

Club: Plasma Service Europe GmbH
Number: 228

Course: 3.30 km
1 Runde 3,3 km

Category:
Senioren M35

Total time: 16:23

Speed: 10.99 km/h
Running performance: 4:58 min/km

Rank in course/Total: 21 (of 97)

Rank in course/Men: 19 (of 57)

Best time in course: 12:25

Rank in category: 2(of 6)

Best time in the category: 15:54