



Nordhäuser Citylauf
Nordhausen / 21.09.2014

Detailed evaluation

Michel, René

Club: Nordhausen
Number: 253

Course: 3.30 km
1 Runde 3,3 km

Category:
Senioren M40

Total time: 19:43

Speed: 9.13 km/h
Running performance: 5:58 min/km

Rank in course/Total: 60 (of 97)

Rank in course/Men: 43 (of 57)

Best time in course: 12:25

Rank in category: 4(of 4)

Best time in the category: 12:25