



Nordhäuser Citylauf  
Nordhausen / 21.09.2014

## Detailed evaluation

**GROPP, RAMONA**

Club: VERMESSUNGSBÜRO GROPP  
Number: 168

Course: 3.30 km  
1 Runde 3,3 km

Category:  
Seniorinnen W50

Total time: 19:24

Speed: 9.28 km/h  
Running performance: 5:53 min/km

Rank in course/Total: 57 (of 97)  
Rank in course/Women: 17 (of 40)  
Best time in course: 15:50

Rank in category: 1(of 1)  
Best time in the category: 19:24