



Nordhäuser Citylauf
Nordhausen / 21.09.2014

Detailed evaluation

Erny, Martha

Club: Academy of Life e.V. Nordhausen
Number: 15

Course: 1.10 km
Jedermannlauf

Category:
weibliche Jugend U16 (14 und 15 Jahre)

Total time: 5:28

Speed: 10.98 km/h
Running performance: 4:58 min/km

Rank in course/Total: 20 (of 108)

Rank in course/Women: 7 (of 50)

Best time in course: 4:46

Rank in category: 2(of 3)

Best time in the category: 5:27