



Nordhäuser Citylauf
Nordhausen / 21.09.2014

Detailed evaluation

Worbes, Steffen

Club: Eldorado Nordhausen
Number: 242

Course: 3.30 km
1 Runde 3,3 km

Category:
Senioren M35

Total time: 22:45

Speed: 7.91 km/h
Running performance: 6:53 min/km

Rank in course/Total: 79 (of 97)

Rank in course/Men: 51 (of 57)

Best time in course: 12:25

Rank in category: 5(of 6)

Best time in the category: 15:54