



Nordhäuser Citylauf
Nordhausen / 21.09.2014

Detailed evaluation

Nguyen, Thu Thao

Club: MTV Niedersachswerfen e.V.
Number: 193

Course: 3.30 km
1 Runde 3,3 km

Category:
weibliche Jugend U16 (14 und 15 Jahre)

Total time: 23:24

Speed: 7.69 km/h
Running performance: 7:05 min/km

Rank in course/Total: 84 (of 97)

Rank in course/Women: 30 (of 40)

Best time in course: 15:50

Rank in category: 7(of 10)

Best time in the category: 17:35