



Nordhäuser Citylauf
Nordhausen / 21.09.2014

Detailed evaluation

Zollner, Norman

Club: SV Glückauf Sondershausen
Number: 348

Course: 6.60 km
2 Runden 6,6 km

Category:
Senioren M40

Total time: 26:11

Speed: 13.75 km/h
Running performance: 3:58 min/km

Rank in course/Total: 3 (of 58)

Rank in course/Men: 3 (of 45)

Best time in course: 23:50

Rank in category: 1(of 6)

Best time in the category: 26:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	12:51	3:53	1	-	3	1:07	3.30	12:51	3:53	1	-	26	
Finish	3.30	13:20	4:02	1	-	3	1:14	6.60	26:11	3:58	1	-	3	2:21