



Nordhäuser Citylauf
Nordhausen / 21.09.2014

Detailed evaluation

Fierenz, Alexander

Club: SV Glückauf Sondershausen
Number: 306

Course: 6.60 km
2 Runden 6,6 km

Category:
männliche Jugend U20 (18 und 19 Jahre)

Total time: 27:30

Speed: 13.09 km/h
Running performance: 4:10 min/km

Rank in course/Total: 5 (of 58)

Rank in course/Men: 5 (of 45)

Best time in course: 23:50

Rank in category: 1(of 3)

Best time in the category: 27:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenzeit	3.30	13:06	3:58	1	-	5	1:22	3.30	13:06	3:58	1	-	28		
Finish	3.30	14:24	4:21	2	0:04	9	2:18	6.60	27:30	4:10	1	-	5	3:40	