



Nordhäuser Citylauf
Nordhausen / 21.09.2014

Detailed evaluation

Wichmann, Andreas

Club: Harztor Lauf
Number: 344

Course: 6.60 km
2 Runden 6,6 km

Category:
Senioren M40

Total time: 29:41

Speed: 12.13 km/h
Running performance: 4:30 min/km

Rank in course/Total: 12 (of 58)

Rank in course/Men: 11 (of 45)

Best time in course: 23:50

Rank in category: 2(of 6)

Best time in the category: 26:11

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenzeit	3.30	14:31	4:23	2	1:40	11	2:47	3.30	14:31	4:23	2	1:40	33	
Finish	3.30	15:10	4:35	2	1:50	11	3:04	6.60	29:41	4:29	2	3:30	11	5:51