



Nordhäuser Citylauf
 Nordhausen / 21.09.2014

Detailed evaluation

Walleit, Pascal

Club: LG Bad Frankenhausen/Göllingen
 Number: 342

Course: 6.60 km
 2 Runden 6,6 km

Category:
 Männer

Total time: 31:56

Speed: 12.40 km/h
 Running performance: 4:50 min/km

Rank in course/Total: 16 (of 58)

Rank in course/Men: 15 (of 45)

Best time in course: 23:50

Rank in category: 4(of 6)

Best time in the category: 26:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenzeit	3.30	16:28	4:59	4	3:23	23	4:44	3.30	16:28	4:59	4	3:23	38		
Finish	3.30	15:28	4:41	3	1:42	13	3:22	6.60	31:56	4:50	4	5:05	15	8:06	