



Nordhäuser Citylauf
Nordhausen / 21.09.2014

Detailed evaluation

Walleit, Pascal

Club: LG Bad Frankenhausen/Göllingen
Number: 342

Course: 6.60 km
2 Runden 6,6 km

Category:
Männer

Total time: 31:56

Speed: 12.40 km/h
Running performance: 4:50 min/km

Rank in course/Total: 16 (of 58)

Rank in course/Men: 15 (of 45)

Best time in course: 23:50

Rank in category: 4(of 6)

Best time in the category: 26:51

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|--|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Rundenzeit | 3.30 | 16:28 | 4:59 | 4 | 3:23 | 23 | 4:44 | 3.30 | 16:28 | 4:59 | 4 | 3:23 | 38 | | |
| Finish | 3.30 | 15:28 | 4:41 | 3 | 1:42 | 13 | 3:22 | 6.60 | 31:56 | 4:50 | 4 | 5:05 | 15 | 8:06 | |