



Nordhäuser Citylauf
 Nordhausen / 21.09.2014

Detailed evaluation

Köhler, Nick

Club: Jugendsozialwerk NDH
 Number: 321

Course: 6.60 km
 2 Runden 6,6 km

Category:
 männliche Jugend U18 (16 und 17 Jahre)

Total time: 32:13

Speed: 11.17 km/h
 Running performance: 4:53 min/km

Rank in course/Total: 19 (of 58)

Rank in course/Men: 18 (of 45)

Best time in course: 23:50

Rank in category: 3(of 6)

Best time in the category: 23:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenzeit	3.30	15:10	4:35	3	3:26	14	3:26	3.30	15:10	4:35	3	3:26	41		
Finish	3.30	17:03	5:10	4	4:57	21	4:57	6.60	32:13	4:52	3	8:23	18	8:23	