



Nordhäuser Citylauf
 Nordhausen / 21.09.2014

Detailed evaluation

Schilling, Martin

Club: eldorado Nordhausen
 Number: 349

Course: 6.60 km
 2 Runden 6,6 km

Category:
 Senioren M35

Total time: 32:33

Speed: 12.17 km/h
 Running performance: 4:56 min/km

Rank in course/Total: 21 (of 58)

Rank in course/Men: 20 (of 45)

Best time in course: 23:50

Rank in category: 1(of 2)

Best time in the category: 32:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	16:21	4:57	1	-	21	4:37	3.30	16:21	4:57	1	-	43	
Finish	3.30	16:12	4:54	1	-	17	4:06	6.60	32:33	4:55	1	-	20	8:43