



Nordhäuser Citylauf
Nordhausen / 21.09.2014

Detailed evaluation

Wagner, Jens

Club: Sondershausen
Number: 341

Course: 6.60 km
2 Runden 6,6 km

Category:
Senioren M45

Total time: 34:23

Speed: 10.47 km/h
Running performance: 5:13 min/km

Rank in course/Total: 25 (of 58)

Rank in course/Men: 24 (of 45)

Best time in course: 23:50

Rank in category: 6(of 7)

Best time in the category: 28:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenzeit	3.30	16:24	4:58	5	2:18	22	4:40	3.30	16:24	4:58	6	2:18	2		
Finish	3.30	17:59	5:26	6	3:47	26	5:53	6.60	34:23	5:12	6	6:05	24	10:33	