



Detailed evaluation

Vollack, Mario

Club: SVN 90, Abt. Triathlon
Number: 340

Course: 6.60 km
2 Runden 6,6 km

Category:
Senioren M40

Total time: 35:27

Speed: 10.16 km/h
Running performance: 5:22 min/km

Rank in course/Total: 29 (of 58)

Rank in course/Men: 28 (of 45)

Best time in course: 23:50

Rank in category: 3(of 6)

Best time in the category: 26:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenzeit	3.30	17:08	5:11	3	4:17	28	5:24	3.30	17:08	5:11	3	4:17	6		
Finish	3.30	18:19	5:33	4	4:59	30	6:13	6.60	35:27	5:22	3	9:16	28	11:37	