



Nordhäuser Citylauf
Nordhausen / 21.09.2014

Detailed evaluation

Markart, Max

Club: Frohe Zukunft Nordhausen e.V.
Number: 324

Course: 6.60 km
2 Runden 6,6 km

Category:
männliche Jugend U18 (16 und 17 Jahre)

Total time: 36:08

Speed: 10.96 km/h
Running performance: 5:28 min/km

Rank in course/Total: 31 (of 58)

Rank in course/Men: 30 (of 45)

Best time in course: 23:50

Rank in category: 5(of 6)

Best time in the category: 23:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenzeit	3.30	16:54	5:07	5	5:10	25	5:10	3.30	16:54	5:07	5	5:10	3		
Finish	3.30	19:14	5:49	5	7:08	35	7:08	6.60	36:08	5:28	5	12:18	30	12:18	