



Nordhäuser Citylauf
 Nordhausen / 21.09.2014

Detailed evaluation

Reinboldt, Pascal

Club: Weisse Ring e.V.
 Number: 331

Course: 6.60 km
 2 Runden 6,6 km

Category:
 männliche Jugend U20 (18 und 19 Jahre)

Total time: 36:19

Speed: 9.91 km/h
 Running performance: 5:30 min/km

Rank in course/Total: 32 (of 58)

Rank in course/Men: 31 (of 45)

Best time in course: 23:50

Rank in category: 3(of 3)

Best time in the category: 27:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenzeit	3.30	17:28	5:17	3	4:22	31	5:44	3.30	17:28	5:17	3	4:22	10		
Finish	3.30	18:51	5:42	3	4:31	31	6:45	6.60	36:19	5:30	3	8:49	31	12:29	