



## Detailed evaluation

Hellmund, Thomas

Club: Sv-Kleinvorra  
Number: 312

Course: 6.60 km  
2 Runden 6,6 km

Category:  
Senioren M50

Total time: 38:15

Speed: 9.41 km/h  
Running performance: 5:48 min/km

Rank in course/Total: 40 (of 58)

Rank in course/Men: 36 (of 45)

Best time in course: 23:50

Rank in category: 5(of 6)

Best time in the category: 28:52

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	19:13	5:49	5	4:50	40	7:29	3.30	19:13	5:49	5	4:50	14	0:41
Finish	3.30	19:02	5:46	5	4:33	34	6:56	6.60	38:15	5:47	5	9:23	36	14:25