



Nordhäuser Citylauf
Nordhausen / 21.09.2014

Detailed evaluation

Bach, Marcel

Club: Stiftung Wadentest
Number: 358

Course: 6.60 km
2 Runden 6,6 km

Category:
Männer

Total time: 38:42

Speed: 9.30 km/h
Running performance: 5:52 min/km

Rank in course/Total: 41 (of 58)

Rank in course/Men: 37 (of 45)

Best time in course: 23:50

Rank in category: 5(of 6)

Best time in the category: 26:51

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|------------|-------|-------|--------|------|--------|-----|--------|-------|-------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Rundenzeit | 3.30 | 18:12 | 5:30 | 5 | 5:07 | 36 | 6:28 | 3.30 | 18:12 | 5:30 | 5 | 5:07 | 15 | |
| Finish | 3.30 | 20:30 | 6:12 | 5 | 6:44 | 39 | 8:24 | 6.60 | 38:42 | 5:51 | 5 | 11:51 | 37 | 14:52 |