



Nordhäuser Citylauf
Nordhausen / 21.09.2014

Detailed evaluation

Oswald, Sven

Club: Weisser Ring e.V.
Number: 328

Course: 6.60 km
2 Runden 6,6 km

Category:
Senioren M30

Total time: 38:48

Speed: 9.28 km/h
Running performance: 5:53 min/km

Rank in course/Total: 42 (of 58)

Rank in course/Men: 38 (of 45)

Best time in course: 23:50

Rank in category: 4(of 6)

Best time in the category: 24:11

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenzeit	3.30	19:27	5:53	6	7:37	41	7:43	3.30	19:27	5:53	4	7:37	16	0:55
Finish	3.30	19:21	5:51	4	7:00	37	7:15	6.60	38:48	5:52	4	14:37	38	14:58