



Nordhäuser Citylauf
Nordhausen / 21.09.2014

Detailed evaluation

Mönkemeyer, Jarne

Club: Jugendsozialwerk NDH
Number: 326

Course: 6.60 km
2 Runden 6,6 km

Category:
männliche Jugend U18 (16 und 17 Jahre)

Total time: 39:19

Speed: 9.16 km/h
Running performance: 5:58 min/km

Rank in course/Total: 44 (of 58)

Rank in course/Men: 40 (of 45)

Best time in course: 23:50

Rank in category: 6(of 6)

Best time in the category: 23:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenzeit	3.30	17:25	5:16	6	5:41	29	5:41	3.30	17:25	5:16	6	5:41	17		
Finish	3.30	21:54	6:38	6	9:48	42	9:48	6.60	39:19	5:57	6	15:29	40	15:29	