



## Detailed evaluation

**Backes, Fabian**

Club: Team Hagentor  
Number: 301

Course: 6.60 km  
2 Runden 6,6 km

Category:  
Senioren M30

Total time: 39:55

Speed: 9.02 km/h  
Running performance: 6:03 min/km

Rank in course/Total: 46 (of 58)

Rank in course/Men: 41 (of 45)

Best time in course: 23:50

Rank in category: 6(of 6)

Best time in the category: 24:11

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenzeit	3.30	18:56	5:44	5	7:06	39	7:12	3.30	18:56	5:44	5	7:06	18	0:24
Finish	3.30	20:59	6:21	6	8:38	40	8:53	6.60	39:55	6:02	6	15:44	41	16:05