



Detailed evaluation

Backes, Fabian

Club: Team Hagentor
Number: 301

Course: 6.60 km
2 Runden 6,6 km

Category:
Senioren M30

Total time: 39:55

Speed: 9.92 km/h
Running performance: 6:03 min/km

Rank in course/Total: 46 (of 58)

Rank in course/Men: 41 (of 45)

Best time in course: 23:50

Rank in category: 6(of 6)

Best time in the category: 24:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	18:56	5:44	5	7:06	39	7:12	3.30	18:56	5:44	5	7:06	18	0:24
Finish	3.30	20:59	6:21	6	8:38	40	8:53	6.60	39:55	6:02	6	15:44	41	16:05