



Detailed evaluation

Schlenstedt, Katrin

Club: Plasma Service Europe GmbH
Number: 335

Course: 6.60 km
2 Runden 6,6 km

Category:
Seniorinnen W45

Total time: 40:45

Speed: 8.83 km/h
Running performance: 6:10 min/km

Rank in course/Total: 48 (of 58)

Rank in course/Women: 7 (of 13)

Best time in course: 28:11

Rank in category: 2(of 4)

Best time in the category: 36:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	3.30	20:13	6:07	3	2:04	8	6:24	3.30	20:13	6:07	2	2:04	7	6:24
Finish	3.30	20:32	6:13	2	1:56	8	6:10	6.60	40:45	6:10	2	4:00	7	12:34