



Detailed evaluation

Morgenstern, Dennis

Club: SV Nordhausen 90 Triathlon
Number: 436

Course: 9.90 km
3 Runden 9,9 km

Category:
Senioren M30

Total time: 41:04

Speed: 14.46 km/h
Running performance: 4:09 min/km

Rank in course/Total: 7 (of 90)

Rank in course/Men: 6 (of 75)

Best time in course: 34:35

Rank in category: 3(of 15)

Best time in the category: 34:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenzeit	3.30	13:27	4:04	3	1:44	7	1:44	3.30	13:27	4:04	3	1:44	48		
Rundenzeit	3.30	13:51	4:11	3	2:16	6	2:16	6.60	27:18	4:08	3	4:00	50		
Finish	3.30	13:46	4:10	3	2:29	6	2:29	9.90	41:04	4:08	3	6:29	6	6:29	