



Nordhäuser Citylauf
Nordhausen / 21.09.2014

Detailed evaluation

Simon, Vinja

Club: SSC Pädagogium
Number: 337

Course: 6.60 km
2 Runden 6,6 km

Category:
weibliche Jugend U18 (16 und 17 Jahre)

Total time: 42:20

Speed: 8.50 km/h
Running performance: 6:25 min/km

Rank in course/Total: 52 (of 58)
Rank in course/Women: 10 (of 13)
Best time in course: 28:11

Rank in category: 5(of 5)
Best time in the category: 28:11

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Wome	Women	km	Time	min/km	Cat.	Cat.	Wome	Women
Rundenzeit	3.30	20:35	6:14	5	6:46	10	6:46	3.30	20:35	6:14	5	6:46	9	6:46
Finish	3.30	21:45	6:35	4	7:23	9	7:23	6.60	42:20	6:24	5	14:09	10	14:09