



Nordhäuser Citylauf
Nordhausen / 21.09.2014

Detailed evaluation

Schulz, Stefan

Club: Eldorado Nordhausen
Number: 476

Course: 9.90 km
3 Runden 9,9 km

Category:
Senioren M35

Total time: 44:02

Speed: 12.26 km/h
Running performance: 4:27 min/km

Rank in course/Total: 19 (of 90)

Rank in course/Men: 17 (of 75)

Best time in course: 34:35

Rank in category: 2(of 10)

Best time in the category: 43:20

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenzeit	3.30	14:17	4:19	2	0:10	16	2:34	3.30	14:17	4:19	3			41
Rundenzeit	3.30	15:04	4:33	4	0:56	22	3:29	6.60	29:21	4:26	3	0:32		41
Finish	3.30	14:41	4:26	2	0:18	16	3:24	9.90	44:02	4:26	2	0:42		17 9:27