



Nordhäuser Citylauf
 Nordhausen / 21.09.2014

Detailed evaluation

Schmidt, Gerald

Club: SV Glückauf Sondershausen
 Number: 446

Course: 9.90 km
 3 Runden 9,9 km

Category:
 Senioren M55

Total time: 44:05

Speed: 12.25 km/h
 Running performance: 4:27 min/km

Rank in course/Total: 20 (of 90)

Rank in course/Men: 18 (of 75)

Best time in course: 34:35

Rank in category: 2(of 6)

Best time in the category: 43:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenzeit	3.30	14:46	4:28	3	0:15	24	3:03	3.30	14:46	4:28	2	0:15	40		
Rundenzeit	3.30	14:39	4:26	1	-	13	3:04	6.60	29:25	4:27	2	0:14	40		
Finish	3.30	14:40	4:26	1	-	14	3:23	9.90	44:05	4:27	2	0:08	18	9:30	