



Detailed evaluation

Mackensen, Sylvester

Club: Team Magic
Number: 472

Course: 9.90 km
3 Runden 9,9 km

Category:
Senioren M40

Total time: 44:12

Speed: 12.22 km/h
Running performance: 4:28 min/km

Rank in course/Total: 21 (of 90)

Rank in course/Men: 19 (of 75)

Best time in course: 34:35

Rank in category: 3(of 10)

Best time in the category: 41:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenzeit	3.30	14:53	4:30	3	1:25	27	3:10	3.30	14:53	4:30	3	1:25	49		
Rundenzeit	3.30	14:51	4:30	3	0:52	18	3:16	6.60	29:44	4:30	3	2:17	39		
Finish	3.30	14:28	4:23	2	0:19	12	3:11	9.90	44:12	4:27	3	2:36	19	9:37	