



Detailed evaluation

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Club: Glückauf Bleicherode
Number: 484

Course: 9.90 km
3 Runden 9,9 km

Category:
Senioren M35

Total time: 44:32

Speed: 12.13 km/h
Running performance: 4:30 min/km

Rank in course/Total: 22 (of 90)

Rank in course/Men: 20 (of 75)

Best time in course: 34:35

Rank in category: 3(of 10)

Best time in the category: 43:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	14:41	4:26	3	0:34	21	2:58	3.30	14:41	4:26	1	-	57	
Rundenzeit	3.30	14:53	4:30	3	0:45	20	3:18	6.60	29:34	4:28	4	0:45	48	
Finish	3.30	14:58	4:32	3	0:35	20	3:41	9.90	44:32	4:29	3	1:12	20	9:57