



## Detailed evaluation

### Nebelung, Marco

Club: Weisser Ring e.V.  
Number: 439

Course: 9.90 km  
3 Runden 9,9 km

Category:  
Senioren M30

Total time: 44:50

Speed: 12.04 km/h  
Running performance: 4:32 min/km

Rank in course/Total: 23 (of 90)

Rank in course/Men: 21 (of 75)

Best time in course: 34:35

Rank in category: 5(of 15)

Best time in the category: 34:35

### Intermediate times

### Stage score

### Total ranking

| Control    | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |  |
|------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|--|
|            |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |  |
| Rundenzeit | 3.30        | 14:32         | 4:24            | 6           | 2:49           | 20          | 2:49          | 3.30          | 14:32         | 4:24            | 5           | 2:49           | 73         |               |  |
| Rundenzeit | 3.30        | 15:03         | 4:33            | 5           | 3:28           | 21          | 3:28          | 6.60          | 29:35         | 4:28            | 5           | 6:17           | 73         |               |  |
| Finish     | 3.30        | 15:15         | 4:37            | 5           | 3:58           | 23          | 3:58          | 9.90          | 44:50         | 4:31            | 5           | 10:15          | 21         | 10:15         |  |