



Detailed evaluation

Kurch, Jörg

Club: VfL 28 Ellrich
Number: 429

Course: 9.90 km
3 Runden 9,9 km

Category:
Senioren M55

Total time: 45:13

Speed: 11.94 km/h
Running performance: 4:34 min/km

Rank in course/Total: 25 (of 90)

Rank in course/Men: 23 (of 75)

Best time in course: 34:35

Rank in category: 3(of 6)

Best time in the category: 43:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	14:44	4:27	2	0:13	23	3:01	3.30	14:44	4:27	3	0:13	72	
Rundenzeit	3.30	15:15	4:37	3	0:36	23	3:40	6.60	29:59	4:32	3	0:48	72	
Finish	3.30	15:14	4:36	3	0:34	22	3:57	9.90	45:13	4:34	3	1:16	23	10:38