



## Detailed evaluation

Rinn, Thomas

Number: 498

Course: 9.90 km  
3 Runden 9,9 km

Category:  
Senioren M45

Total time: 47:33

Speed: 12.49 km/h  
Running performance: 4:48 min/km

Rank in course/Total: 34 (of 90)

Rank in course/Men: 31 (of 75)

Best time in course: 34:35

Rank in category: 6(of 9)

Best time in the category: 42:48

| Intermediate times |          |            |              |          | Stage score |         |            |          | Total ranking |              |          |             |         |            |
|--------------------|----------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time    | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Rundenzeit         | 3.30     | 15:13      | 4:36         | 6        | 1:13        | 29      | 3:30       | 3.30     | 15:13         | 4:36         | 6        | 1:05        | 65      |            |
| Rundenzeit         | 3.30     | 15:50      | 4:47         | 6        | 1:33        | 31      | 4:15       | 6.60     | 31:03         | 4:42         | 6        | 2:38        | 65      |            |
| Finish             | 3.30     | 16:30      | 5:00         | 6        | 2:07        | 33      | 5:13       | 9.90     | 47:33         | 4:48         | 6        | 4:45        | 31      | 12:58      |