



Detailed evaluation

Lützkendorf, Gabriele

Club: Omi Schecki Gedächtnis Laufgruppe
Number: 490

Course: 9.90 km
3 Runden 9,9 km

Category:
Seniorinnen W50

Total time: 47:47

Speed: 11.30 km/h
Running performance: 4:50 min/km

Rank in course/Total: 36 (of 90)

Rank in course/Women: 4 (of 15)

Best time in course: 40:04

Rank in category: 1(of 2)

Best time in the category: 47:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	3.30	18:42	5:40	1	-	7	5:20	3.30	18:42	5:40	1	-	5	5:20
Rundenzeit	3.30	19:02	5:46	1	-	8	5:41	6.60	37:44	5:43	1	-	5	11:01
Finish	3.30	10:03	3:02	1	-	1	-	9.90	47:47	4:49	1	-	4	7:43