



Detailed evaluation

Landes, Stefan

Club: Nordhausen
Number: 430

Course: 9.90 km
3 Runden 9,9 km

Category:
Männer

Total time: 46:58

Speed: 11.50 km/h
Running performance: 4:44 min/km

Rank in course/Total: 32 (of 90)

Rank in course/Men: 29 (of 75)

Best time in course: 34:35

Rank in category: 3(of 9)

Best time in the category: 39:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenzeit	3.30	16:07	4:53	5	3:32	38	4:24	3.30	16:07	4:53	3	3:32	2		
Rundenzeit	3.30	15:52	4:48	3	2:38	32	4:17	6.60	31:59	4:50	3	6:10	62		
Finish	3.30	14:59	4:32	3	1:34	21	3:42	9.90	46:58	4:44	3	7:44	29	12:23	