



Detailed evaluation

Jagemann, Jens

Club: Nordhausen
Number: 314

Course: 9.90 km
3 Runden 9,9 km

Category:
Senioren M30

Total time: 51:03

Speed: 10.58 km/h
Running performance: 5:10 min/km

Rank in course/Total: 44 (of 90)

Rank in course/Men: 38 (of 75)

Best time in course: 34:35

Rank in category: 9(of 15)

Best time in the category: 34:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	16:26	4:58	8	4:43	42	4:43	3.30	16:26	4:58	8	4:43	15	
Rundenzeit	3.30	17:05	5:10	9	5:30	37	5:30	6.60	33:31	5:04	8	10:13	19	
Finish	3.30	17:32	5:18	9	6:15	43	6:15	9.90	51:03	5:09	9	16:28	38	16:28