



Nordhäuser Citylauf  
Nordhausen / 21.09.2014

## Detailed evaluation

John, Hannes

Club: Dachsteinrunde  
Number: 423

Course: 9.90 km  
3 Runden 9,9 km

Category:  
Männer

Total time: 48:54

Speed: 11.04 km/h  
Running performance: 4:56 min/km

Rank in course/Total: 38 (of 90)

Rank in course/Men: 33 (of 75)

Best time in course: 34:35

Rank in category: 4(of 9)

Best time in the category: 39:14

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenzeit	3.30	15:17	4:37	3	2:42	32	3:34	3.30	15:17	4:37	5	2:42	14	
Rundenzeit	3.30	17:05	5:10	4	3:51	37	5:30	6.60	32:22	4:54	5	6:33	15	
Finish	3.30	16:32	5:00	4	3:07	34	5:15	9.90	48:54	4:56	4	9:40	33	14:19