



Nordhäuser Citylauf
Nordhausen / 21.09.2014

Detailed evaluation

Meschkutat, Sven

Club: RRC Nordhausen
Number: 325

Course: 6.60 km
2 Runden 6,6 km

Category:
Senioren M30

Total time: 39:04

Speed: 10.14 km/h
Running performance: 5:55 min/km

Rank in course/Total: 43 (of 58)

Rank in course/Men: 39 (of 45)

Best time in course: 23:50

Rank in category: 5(of 6)

Best time in the category: 24:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	18:51	5:42	4	7:01	38	7:07	3.30	18:51	5:42	6	7:01	23	0:19
Finish	3.30	20:13	6:07	5	7:52	38	8:07	6.60	39:04	5:55	5	14:53	39	15:14