



Nordhäuser Citylauf
Nordhausen / 21.09.2014

Detailed evaluation

Meschkutat, Sven

Club: RRC Nordhausen
Number: 325

Course: 6.60 km
2 Runden 6,6 km

Category:
Senioren M30

Total time: 39:04

Speed: 9.22 km/h
Running performance: 5:55 min/km

Rank in course/Total: 43 (of 58)

Rank in course/Men: 39 (of 45)

Best time in course: 23:50

Rank in category: 5(of 6)

Best time in the category: 24:11

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Rundenzeit | 3.30 | 18:51 | 5:42 | 4 | 7:01 | 38 | 7:07 | 3.30 | 18:51 | 5:42 | 6 | 7:01 | 23 | 0:19 |
| Finish | 3.30 | 20:13 | 6:07 | 5 | 7:52 | 38 | 8:07 | 6.60 | 39:04 | 5:55 | 5 | 14:53 | 39 | 15:14 |