



Detailed evaluation

Zenneck, Bernd

Number: 464

Course: 9.90 km
3 Runden 9,9 km

Category:
Senioren M60

Total time: 55:01

Speed: 9.82 km/h
Running performance: 5:34 min/km

Rank in course/Total: 60 (of 90)

Rank in course/Men: 53 (of 75)

Best time in course: 34:35

Rank in category: 3(of 5)

Best time in the category: 46:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	18:23	5:34	4	3:08	59	6:40	3.30	18:23	5:34	3	3:08	6	1:04
Rundenzeit	3.30	18:28	5:35	3	3:06	55	6:53	6.60	36:51	5:35	3	6:14	7	0:46
Finish	3.30	18:10	5:30	3	2:40	52	6:53	9.90	55:01	5:33	3	8:54	53	20:26