



Nordhäuser Citylauf
Nordhausen / 21.09.2014

Detailed evaluation

Schmidt, Michael

Number: 448

Course: 9.90 km
3 Runden 9,9 km

Category:
Männer

Total time: 55:05

Speed: 9.80 km/h

Running performance: 5:34 min/km

Rank in course/Total: 61 (of 90)

Rank in course/Men: 54 (of 75)

Best time in course: 34:35

Rank in category: 8(of 9)

Best time in the category: 39:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenzeit	3.30	19:12	5:49	9	6:37	67	7:29	3.30	19:12	5:49	7	6:37	4	1:53
Rundenzeit	3.30	18:05	5:28	7	4:51	52	6:30	6.60	37:17	5:38	7	11:28	5	1:12
Finish	3.30	17:48	5:23	7	4:23	46	6:31	9.90	55:05	5:33	8	15:51	54	20:30