



Detailed evaluation

Schneeberg, Frank

Club: -
Number: 450

Course: 9.90 km
3 Runden 9,9 km

Category:
Senioren M30

Total time: 54:58

Speed: 10.81 km/h
Running performance: 5:33 min/km

Rank in course/Total: 59 (of 90)

Rank in course/Men: 52 (of 75)

Best time in course: 34:35

Rank in category: 10(of 15)

Best time in the category: 34:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Rundenzeit	3.30	16:49	5:05	10	5:06	47	5:06	3.30	16:49	5:05	11	5:06	3	
Rundenzeit	3.30	18:46	5:41	11	7:11	57	7:11	6.60	35:35	5:23	11	12:17	4	
Finish	3.30	19:23	5:52	11	8:06	55	8:06	9.90	54:58	5:33	10	20:23	52	20:23