



Detailed evaluation

Wildner, Thorsten

Club: Fitness Crew \\Erfurt-Auf-Achse\\
Number: 461

Course: 9.90 km
3 Runden 9,9 km

Category:
Senioren M45

Total time: 58:51

Speed: 9.18 km/h
Running performance: 5:56 min/km

Rank in course/Total: 72 (of 90)

Rank in course/Men: 64 (of 75)

Best time in course: 34:35

Rank in category: 9(of 9)

Best time in the category: 42:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	19:01	5:45	9	5:01	62	7:18	3.30	19:01	5:45	9	4:53	20	1:42
Rundenzeit	3.30	19:44	5:58	8	5:27	64	8:09	6.60	38:45	5:52	9	10:20	30	2:40
Finish	3.30	20:06	6:05	9	5:43	65	8:49	9.90	58:51	5:56	9	16:03	64	24:16